

United
Way



United Way
of Southwest Michigan

Take **ACTION!**

Day of Action for Seniors November 3, 2011

VOLUNTEER:

United Way of Southwest Michigan needs hundreds of volunteers to help our community's senior citizens prepare for winter in **Berrien and Cass counties**. We hope to serve 200 senior citizens in our community in this one-day volunteer experience.

Volunteer teams will:

- **Rake Leaves,**
- **Clean Gutters, or**
- **Weatherize Windows**



These activities can be difficult if not impossible for seniors. They can easily fall, strain muscles or simply not be physically able to do the work. But, with your help, seniors could be ready for winter and save on heating expenses.

To sign up teams from your workplace, school or as an individual visit www.uwsm.org or call 269-982-1700 ext. 23.

Volunteer Sign Up Deadline is September 30, 2011

GET HELP:

If you are a **senior citizen in need of assistance with leaf raking, gutter cleaning or window winterization**, you can sign up to have a volunteer team come to your home. Visit the United Way web site at www.uwsm.org or call 269-982-1700 ext. 24.

Please note, seniors will be served on a first-come, first-served basis. The number of seniors helped will depend on the number of volunteers recruited.

Senior Sign Up Deadline is September 30, 2011